

2019 Community Health Implementation Plan



Dunn, Mercer, and Oliver Counties **North Dakota**

Sakakawea Medical Center, Coal Country Community Health Center, Custer Health, Southwestern District Health Unit,
Knife River Care Center, Hill Top Home of Comfort and Mercer County Ambulance

2019
Implementation Plan for the CHNA

Executive Summary

Introduction

This report provides a summary of the Community Health Needs Assessment and Implementation Planning activities recently completed. Seven local healthcare organizations (referred to in this document as Local Providers) came together and participated in this community health needs assessment and planning process: Sakakawea Medical Center (Critical Access Hospital), Coal Country Community Health Center (FQHC), Custer Health (local public health), Hilltop Home of Comfort (long term care), Knife River Care Center (long term care), Mercer County Ambulance (EMS), Southwestern District Health Unit (local public health). Each of these organizations plays a critical and distinct role in the delivery of healthcare services to the residents of Dunn, Mercer and Oliver counties. The health of our communities and the process that was facilitated in this planning process is strengthened due to the fact that multiple providers came together, bringing various skills, diverse knowledge and resources to bear.

The community health needs assessment was finalized in June of 2019 and was facilitated in order to help inform local providers about the community's health needs. The purpose of the assessment was to describe the health of the local population, evaluate the use of local healthcare services, prioritize the identified community needs, and assist health care and community leaders identify potential action to address the community's health needs. The information gathered was then summarized and reported to Local Providers and constituents, and used in planning for the future delivery of healthcare services. With assistance from the Center for Rural Health at the University of North Dakota School of Medicine and Health Sciences, Sakakawea Medical Center, in collaboration with Coal Country Community Health Center and other area health organizations, completed the community health assessment. A summary of the Implementation Plan that describes how the organizations plan to meet the prioritized needs identified in the assessment has been developed, and will be used to measure and report progress on the actions taken to address those needs within the community.

Participants

The following Local Providers were the participants in the Community Health Needs Assessment and Implementation Planning process:

Sakakawea Medical Center (SMC) – a 13-bed Critical Access Hospital located in Hazen, North Dakota owns and operates a 34-bed basic care facility, as well as Hospice and Palliative Care Services. The non-profit hospital is community owned and governed by a volunteer board of directors.

Coal Country Community Health Center (CCCHC) – is a local non-profit health care provider with clinics in Beulah, Center, Hazen and Killdeer. As a federally qualified health center (FQHC), Coal Country improves access to care by serving all residents, including low income and medically underserved people. Coal Country is governed by board members from the communities it serves.

Custer Health – a five-county multi-district health unit providing health services to the people of Mercer, Oliver, Grant, Morton, and Sioux Counties. Founded in 1950, Custer Health’s services and programs include nursing services, environmental health, health maintenance home care, immunizations, school health services and a variety of other services.

Hilltop Home of Comfort - a non-profit public organization, is a 55-bed skilled nursing care facility with a 20 unit assisted living facility attached located in Killdeer. Hill Top provides appropriate nursing care in a home like atmosphere.

Knife River Care Center (KRCC) – is licensed for 86 skilled nursing care beds. Formally known as the Beulah Community Nursing Home, Knife River Care Center was incorporated in 1962. After various remodeling projects, Knife River built a new facility in 2007 and provides important long term care services to the area.

Mercer County Ambulance (MCA) – serves an area of more than 1,000 square miles with Ambulance Bays in Hazen and Beulah. With paid staff and an active group of volunteers, Mercer County Ambulance has approximately 800 ambulance runs each year.

Southwestern District Health Unit - has been caring for their community’s health since 1945 and is a multi-district health unit responsible for public health in Stark, Dunn, Adams, Billings, Bowman, Golden Valley, Hettinger and Slope counties. The health unit provides a variety of services and programs that maintain or improve the health status of the general population and their environment through Community Health Nursing, Environmental Health/Sanitation and Nutritional Services.

These entities will continue to work together into the future to provide for the health needs of area residents. While these entities will continue to work together in the service area wide assessment and planning activities, each individual entity will be encouraged to develop an organizational specific strategy for the unique services it provides to local residents. The Local Providers will meet on a regular basis to communicate progress towards individual organizational goals and the collective progress in meeting community health needs.

SMC and CCCHC as individual organizations and collectively as collaborating healthcare providers will work together to develop strategic implementation plan priorities and goals. The following pages of this planning document are dedicated to the local health plan that Sakakawea Medical Center and Coal Country Community Health Center will use in partnership with area health providers.

Sakakawea Medical Center and Coal Country Community Health Center

Our Collaborative Mission

“Working together as partners to enhance the lives of area residents by providing a neighborhood of patient centered healthcare services that promote wellness, prevention and care coordination.”

Our Vision

“To be the preeminent providers of innovative and collaborative healthcare services.”

Since March of 2011, SMC and CCCHC have developed a management and governance model that encourages communication and transparency while simultaneously meeting the programmatic and regulatory requirements that each organization must operate under. The organizations have reduced, and in some cases eliminated, duplicative health care services provided in the Beulah and Hazen communities. The organizations have realized the positive effects of these collaborative efforts and through the coordination of services and resources are able to provide services in a more cost effective and efficient manner while improving quality and health outcomes.

In so much as SMC and CCCHC have implemented collaborative strategies that have proven successful in improving and maintaining access to quality healthcare services in the areas they serve, the organizations wish to continue and expand upon these collaborative processes. To do so, the organizations have developed a local “Implementation Plan”, using information from the Community Health

CHI St. Alexius Youth Bureau (School Resource Officer) Anchor Christian Counseling Universal screening in clinics IMPACT Program (BIMAS-2) LCSW / LPC Case Management SMC <ul style="list-style-type: none"> • Screening/referral • Avera E-emergency 	<ul style="list-style-type: none"> • University of Mary • Prairie Learning Center • Summit Universal screening (BIMAS-2, PHQ9, GAD7, CAGEAID) SUD- MH funding IBHS funding	<ul style="list-style-type: none"> • # of incarcerated individuals receiving services 	<ul style="list-style-type: none"> • Implementation of Collaborative Care Model with Psychiatry • Educate and share community resources • Educate agency staff of available resources and develop education plan for staff 	Sept 2019 Ongoing Fall 2020	CCCHC Population Health Population Health
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Identified Need: Substance Use & Abuse

Goal: Decrease substance use and abuse diagnoses for all ages by 2%.

Objective: Increase outreach and utilization of SUD services.

Resources	Activities/Action Steps	Outputs	Outcomes	Timeline	Lead
CCCHC <ul style="list-style-type: none"> • LAC's • LCSW/LPC • Case Management • Psychiatrist Sanford Health <ul style="list-style-type: none"> • Dr. Doppler SMC <ul style="list-style-type: none"> • Avera E-emergency 211 WARC	CCCHC <ul style="list-style-type: none"> • Outreach and education • Universal screening • IMPACT program • Drug/Alcohol Evals • Programming (groups, individual, IOP) SMC <ul style="list-style-type: none"> • Screening & referral • Avera – E-emergency • ER intake • Research the feasibility of 	# of SUD treatment patients # of visits for tobacco cessation services # of patients screened for SUD during an ER visit	Patients are screened & referrals are made.	Ongoing Ongoing Ongoing Jan 2021	CCCHC CCCHC/SMC & Custer Health SMC SMC

<p>Beulah/Hazen/Center/Killdeer Take Back Programs</p> <p>Human Services</p> <p>Law Enforcement</p> <ul style="list-style-type: none"> • Mercer County Sheriff • Beulah Police Dept. • Mercer County Youth Bureau • Hazen Police Dept. <p>Community Health Coalition</p> <ul style="list-style-type: none"> • Beulah School • Hazen School <p>Custer Health</p> <ul style="list-style-type: none"> • Screening & Services 	<p>implementing universal screenings for alcohol & substance abuse disorders</p> <p>Population Health Committee</p> <ul style="list-style-type: none"> • Provide education to all healthcare employees • Marketing of available resources • Provide education to law enforcement on screening & resources <p>Custer Health</p> <ul style="list-style-type: none"> • Continuation & enhancement of Custer Health’s Tobacco Coalition • Implementation of Youth Cessation Program within the schools • Continuation & enhancement of Custer’s Health HRM program 	<p>Research is complete and decision is made.</p> <p># of employees and community members receiving education</p> <p>Coalition will schedule quarterly meetings.</p> <p># of youth participants</p> <p># of harm reduction model program participants</p>	<p>Universal screening is either implemented or not.</p> <p>Employees and community members are aware of available resources and services.</p> <p>Meetings are held regularly.</p> <p>Youth have access to needed services.</p> <p>Community has access to needed services.</p>	<p>Ongoing</p> <p>Ongoing</p> <p>March 2020</p> <p>Ongoing</p>	<p>Population Health</p> <p>Custer Health</p> <p>Custer Health</p> <p>Custer Health</p>
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Identified Need: Availability of resources to help elderly stay in their homes					
Goal: Decrease potentially preventable admissions and emergency room visits					
Objective: To keep older adults in their home longer (addressing the triple aim of reducing overall cost of care, improving health outcomes, and improving patient satisfaction).					
Resources	Activities/Action Steps	Outputs	Outcome	Timeline	Lead
CCCHC & SMC <ul style="list-style-type: none"> Community Care Coordination Program Visiting Nurse Service (VNS) Hospice / Palliative Care Program 	CCCHC <ul style="list-style-type: none"> Increase CCCHC admissions to CCM services Implement private pay services through VNS 	# of CCCHC Medicare patients with CCM billed # of seniors served	CCCHC visit with all post-hospital visits during TCM	Ongoing	CCCHC RN and LBSW
Hazen Busing <ul style="list-style-type: none"> Public transportation 	Educate Community regarding services	Develop community resource educational material	Community resource brochures are distributed in the community	Jan 2020	Population Health
West River Transit <ul style="list-style-type: none"> Public transportation 	SMC <ul style="list-style-type: none"> Increase Palliative Care Program admissions & Community Outreach 	# of Palliative Care admits	Increase in referrals to Palliative Care	Ongoing	SMC
Companion Care	<ul style="list-style-type: none"> Study the possibility of providing volunteer transportation services for surgical services at SMC 	Research is complete and the decision is made.	Program is either implemented or not.	Jan 2021	SMC
Custer Health	<ul style="list-style-type: none"> Research feasibility of a volunteer senior/companion care program 	Study is complete and a decision is made.	Program is either being developed or not.	Jan 2021	SMC
NDSU Extension					
Energy Wellness Center					
Options					

	Increase utilization of public transportation through education & awareness	# of seniors using available public transportation	Seniors will have transportation when needed	Jan 2020	Population Health
	Increase participation in the Stepping On program	# of program participants	Seniors will be more active and independent	Ongoing	NDSU Extension/Rehab Services
	Senior Fitness Programs <ul style="list-style-type: none"> • Silver Sneakers 	# of participants	Increase participation from community members through AWW recommendation	Ongoing	Population Health